



WHO NEEDS A RELATIONSHIP...AHHH..YOU!!!

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Chapter 1

WHO NEEDS A RELATIONSHIP...AHHH..YOU!!!

Now, more than ever, it has become yawl anthem - "you don't need a man. you can do bad all by your self." This isn't the anthem you should chose to scream on every mountaintop, or chant like a sister who just about lost her mind, or memorized it like a holy prayer sure to bring you out of your misery -
you have been forced to coin an anthem.

Influenced by your experiences and scarred by the very core of your independent nature, it has become almost mandatory to believe that you do not need a man to feel safe, secure, wanted or loved. Lord knows, if you had to depend on a man to provide you with confidence, security or to just be a constant force in your life, you would have jumped off a bridge a long time ago. Sad

...you know u need to stop...

It's hard enough in 2009 to try finishing your education, moving out of your parents' home, and establishing a semi-stable life without having to defend this new "every-female-is-a-chicken-head" syndrome men seem to have caught and spread like wild fire. you find it crazy that a man is quick to call a woman a gold-digger when money and all the superficial things that fill this world are what men use to try to lure women in, steal them from their partners or just use as bait to keep them interested.(men please listen its what I hear in my chair as I do their makeup)
Either you'm not supposed to want your money or am I— which one is it?

Are there any ladies out there sick and tired of being sick and tired? Have you ever been so sprung off his good looks, smooth demeanor, baritone voice and baby-soft skin that you haven't even stopped to

realize he isn't contributing anything to who you are as a woman? You find yourself struggling so much to maintain your sanity and strength of character that you begin wondering,

“What do you really need a man for?”

Chapter 2

What do you really need a man for?"

Men do not realize that women are creatures of habit just as they are. women are used to being raised by strong single women without a man in sight. women are used to being cheated on, lied to, and beat up for making minor mistakes. women are used to "holdin' it down" on their own, because there was never anyone around to show us that men even know what "holdin' it down" really means.

women are used to men not calling, not caring and not doing 9 out of the 10 things they promised to do. women are accustomed to sleeping alone, cooking for one and buying their own Minolo Blahniks. women're used to the cat-calls, ignorant whispering about various parts of their anatomy, and the constant sex-driven conversations on which men seem to thrive.

Now, before anyone gets offended

Good men are an — endangered species

What is it that drives Women crazy about men? All the while, the Bad men who make us Good ones look bad are living it up by taking other girls out in THEIR cars, spending THEIR money on her, and probably having sex with her in the showers women's just scrubbed better than his mama ever could. In the end, women still gEt played. He claims he's looking for a wifey and a "ride or die" chick, but as soon as the wannabe video ho who will slob anyone's knob like a pro right off sunset boulevard comes around, he decides she's more appealing.

Therefore, maybe when he's ready to settle down, he'll find me, you say to myself. By that time, you'll be established, stable, a seasoned single female who won't put up with late-night calls, inconsistency, cash flow issues, commitment phobes, criminal histories, mama's boys,

arrogance, pipe dreams or more excuses about why The Man has held him back from doing this, that and the third. Are men surprised or offended when a grown woman says she doesn't need a man? Are they really that out of touch with reality?

What she is really saying is, "you're waiting for an available man willing and able to provide me with the stability, comfort and peace you've found on your own. It's not that you don't need you, it's just that you haven't given me a reason to think otherwise." Give us a break; their defenses are up. As young women, women soaked their naked bodies in honey, galloping through the deep woods and not one bear put down the Hennessy or Madden long enough to even get up to see what all the ruckus was about. women are told men like smart women, but women cannot be so smart that women actually challenge his assumed authority over us. women are told men like women who make their own money, but women can't make so much money that his manhood is somehow threatened.

women are told men like beautiful women, but women cannot be too attractive or provocative because he may think women are messing around on him.

If you didn't know any better, you would say that most men really want a half-way attractive, broke, emotional air-head with little to do or say. They seem to be the women who always have a man. women have been defeated and sabotaged by their own love for men so many times that women scared the cycle will never break. women build up just as many walls as men do. women create these elaborate stories about how much women can do on their own, but a cold lonely night is just that — cold and lonely!!!

No woman wants to do everything by herself, even if she can. There is only so much you can put on the line before you realize you have nothing left to give but a cold shoulder and a lot of attitude. women expect you to clean up the mess another man left behind and maybe it's too much to require, but it's what women think women need. The saying should be "you don't need to settle for just ANY man. you need a man of integrity, who is strong enough to reciprocate the love and support you give. you need a man ready to be MY man." women all know it is not that easy, don't women? you could scream this in every bar, church,

university and business on the continent, make sure every major magazine ran this BOOK and bribe Oprah to read it on the air, but it still probably wouldn't change anything.

When a man gets to a point in his life when he realizes he doesn't have as many viable options as he thought he did, or when he breaks away from his boys long enough to understand women black women aren't the enemy or the conniving, manipulating, selfish bitches society makes us out to be, is when women will begin to allow the chips to fall from their shoulders. That is when women will begin to lean on you for the restoration women have been seeking all along. That is when you can take your rightful place in their lives and women can take ours in yours. you've reached a point in your life where you'm tired of having to make excuses about why he ain't actin' right. you find myself wondering more often than you should, "did he really break it off with with his ex? And, if he's only spending 4-6 hours a women with me, what or who is getting the other 164?"

Even after you subtract 40 for work and another generous 42 hours for sleep, that is still 82 hours that are unaccounted for. you am not suggesting that a man spend all his free time with me but dang, even a dog needs a daily walk.

What men fail to realize is that a relationship is like a job. Would you dare accept employment that required 45 hours a women if you women only available for 20? Hell no! Attempting to build a relationship without the sacrifice of time is the epitome of a futile endeavor. Women want a man to really know who women are, to recognize when their day has been shattering and exactly how to piece us back together. women are waiting for men who are not afraid of depending on us just as much as women depend on them. Women can be strong, fervent, and stubborn but women want to feel safe enough to bend and even break when necessary. women want to know women can do it alone because history taught us that men leave or that they do not stick around.

women have made allowance for shortcomings, overlooked indiscretions, but it is still not enough for the insatiable black man. In the meantime, you'll continue to disregard the men who come off disrespectful, dismiss the ones who can't seem to look me straight in the eye and bypass the ones who just want to feel on your booty. Because you am tired of settling for a relationship you know will never work out. Starting right

now, you'll wait patiently for a real man, ready to embrace every aspect of who you am, available to me in the same way you am to him. you find solace in the fact that he is probably somewhere writing an article about why women sistah 's are such a mess!

Chapter 3

BAD BOYS

Many women find "bad boys" irresistible and end up wasting time in unhealthy, unfulfilled relationships,

women are attracted to bad boys because they are exciting, dynamic and need to be "rescued," which makes the women they date feel special and necessary. For women who seek artificial drama while avoiding commitment in a relationship, the bad boy delivers, he says.

To help women get over their bad-boy addictions, and because i love yawl... lol.

Bang Bang Bang this simple solution:

Don't date bad boys! that was easy as hellthink about it .. Realize that so-called bad boys are childish narcissists who are always focused on their own selfish needs and will never change their ways. Instead, start dating good guys with whom you can make a lasting, meaningful connection. "Goodness can have a certain charisma, and it's incumbent upon you to find it in men and stop dating the bad boys,"

NEVICHISM:

"For some people, relationships are so predictably routine that their only escape from its monotony and predictability comes from the drama of dating a bad, bad boy. Throw the bum out. Get back your self-esteem. Learn to find excitement in deep, emotional connectedness rather than constant relationship strife."

What makes bad boys so attractive to women?

1. **They're different.** "Bad boys are interesting, they're nonconventional, they're iconoclastic and a breath of fresh air," they have mad Swagga.. After a woman has dated a lot of guys, they may all

be a blur—then this guy comes along, and he doesn't care what anyone thinks about him,

2. **They're dynamic.** Men are attracted to women's passivity, but women hate being placed in a passive state. Women love men who bring them out by making them laugh, being dynamic and exciting. Bad boys are confident, rebellious—they just reek belief in themselves.
3. **They need rescuing.** Some women have a "**messiah complex**"—they want to be the person who can rescue the bad boy. "They think, 'Only I see he's a diamond in the rough. Everyone else sees him as a bad boy, but I know the tender heart he has,'" ahhh... you know that's some bullshit right??... "When you are the only one who can rescue the guy, you're special, unique. You immediately have a special relationship with him that no other woman has because only you can help him. This is how you get played like a bass drum in a luke record..
4. **The women are not in it for a commitment.** Some women are passive commitment-phobes. *Active* commitment-phobes get uncomfortable the longer a relationship goes on and start trying to find faults in order to end it. A passive commitment-phobic woman dates bad boys from the outset, thereby sabotaging the relationship so it can never develop. I had to say it... but daddy still loves you...

What's the solution?

1. **Consider "nice guys."** "Women need to finally find goodness and kindness to be interesting," "It's not only rebellious behavior that is interesting. Nice guys deserve a shot."
2. **Realize who bad boys really are.** Bad boys don't have real confidence. "A person who's overly aggressive with their personality, who's an attention seeker—it's because they're insecure," "Really deep down, there's this broken little boy who needs to rebel or who needs to bed women to feel good about himself."
3. **Have some self-respect.** Don't be with a guy who's going to treat you like dirt, "Every doormat says 'Welcome.' You're not a doormat."

Nevichiism

"Women who love bad boys suffer from a '**messiah complex**'—only I can save him, only I see that he's a diamond in the rough. Better to rescue a good man from his loneliness than a bad boy from his misogyny."

Chapter 4

communication.He Said, Then She Said

The major problem men and women have with each other is communication. I hear females tell me all the time that men don't listen, we hear what we want to hear. Which is true, but it's b/c we think, talk and hear differently.

Ladies please james brown please...

Get To The Point

- We don't need to know every single detail of what went on. Time is money, so If you got into an argument with office tramp, I don't need to know what she had on, where she sits, what sort of car she drives or the food group of the piece of food that was stuck in her teeth, for you to tell me that you THINK she's talking about you behind your back. Start w/ the conclusion and then men will be more likely to want to listen to the other details.

He Said, Then She Said

- We don't need to know everything that was said... All too often I got to get a whole transcript of what went down, Julie said... then I said, then this guy walked by and was like... Save that mess for your job as that little lady who sits in court and types down everything that is said. GET TO THE POINT

K.I.S.S.

- Keep It Simple Sexy, Again y'all think too much you might think telling us about your day means every single detail but we don't need to know the stuff you do daily... "I woke up got dressed...." see you lost me already, you went from being nekkid to wearing clothes. You can't put the vision of you naked in my head and then snatch it away. Only provide the interesting parts. So if you

think your day was a trilogy it probably was just a half hour sitcom or maybe an hour long drama.

Remember Remember...

- If you want us to remember something... You might have to remind us, or get us to repeat it back to you or something. Many times you ladies think we weren't listening but we can repeat everything you said, well that a good way of getting us to remember it. lol If you want us to remember it let us know before you say it... this is the important part, as soon as you do that my mind recorder presses play.

For The Fellas

- Ladies don't want you to solve their problems. Just listen to them, you'll be surprised on how good she'll think you're listening to her if you just acknowledge what she's saying and not try to be her super man. **She can figure her own life out, you're not her daddy** so don't try to be. Simply listen, and don't get her a solution and she'll love you for it. I know it's hard we have to listen to a whole Harry Potter novel of what's shes done and then you're expected not to have a conclusion but it's how she works. So unless she ask you for a solution... **DONT GIVE ONE**

Chapter 5

Eight S' of men

Eight S's:

1. Smooth Brother
2. Serious Brother
3. Sensitive Simp
4. Save-A-Ho Brother
5. Sassy Brother
6. Scavenger
7. Super Thug
8. Scrub

1. Smooth Brother

Has the gift of gab, knows what to say and when to say it when conversing. Smooth brothers are laid back, mellow and know how to talk their way out of any situation (especially infidelity). Usually has one main lady and several on the side. Takes pride in juggling many women without getting caught.

Positive Aspects: They are charismatic, suave, they know how to intrigue women with their personality and charm and they know how to not be over the top with their clothing and accessories. They know how to turn on women with their words.

Negative Aspects: They tend to be deceitful in how they deal with women, are habitual liars and get a thrill on being able to get away with outrageous lies. They don't play fair and have a take-no-prisoner, all's-fair approach when dealing with women. They revel in deceit. Once women discover their deceptive lies, they lose respect for them ultimately. A true mack must maintain a level of respect from women at all times.

Game: Steps to women in a very laid-back manner. He has learned to master the art of reaction. Knows how to make smooth and clever responses to everything a woman says to him. Impresses female with verbal spontaneity and quick wit. His effortless on-point responses during conversation is what usually lures women in.

2. Serious Brother

No-nonsense, suit and tie, by-the-book. He is usually well-educated and highly disciplined, and in many cases very financially stable. Many have extensive college or military backgrounds, and take great pride in academic achievements.

Positive Aspects: They have no times for games or half-assing, they are very thorough when it comes to taking care of business. They earn the respect of those around them. Women find them desirable because they are usually intelligent, dependable and provide a sense of security.

Negative Aspects: Many are considered arrogant assholes. Tend to have a holier-than-thou attitude due to their education levels. They can be so serious that they forget to loosen up and have fun sometimes. They sometimes have a know-it-all attitude that can get on people's nerves after a while. And even though women like someone who knows how to handle business, they also like someone who can have a little fun now and then.

Game: Likes to brag about credentials, college, academic degrees, worldly travels and knowledge of the finer things in life to impress females. It can work two ways: it can make him look intelligent, or it can make him appear to be belittling the female he's talking to. When trying to show your knowledge, be subtle. Never bring up a topic you happen to be knowledgeable about out of the blue, make you look like you're just showing off. Only bring up what you know around women in conversation if the topic naturally shifts in that direction, and even then you should be careful not to overdo it.

3. Sensitive Simp

Loves to pamper women and cater to their every need. The type to bring flowers and candy to a first date. They also do little things like send poems and cute little emails to women all day, and stand outside a woman's window with a guitar (Say Anything) to serenade her with love songs. Many grew up in households where women were the dominant force, so they grow up thinking that being submissive to women is the natural order of things.

Many have a somewhat masochistic desire to please women, and the more they get dissed by women, the more they have an urge to cater to them. They take "kill them with kindness" to an extreme. He thinks that if he caters to women and treats them nicely, he'll eventually wear them down.

Positive Aspects: There are times when sensitivity is appropriate. Some special occasions require romance. This is fine as long as you're being occasionally sensitive to show appreciation for something a female has done for you, rather than as a way to get her to do something for you.

Negative Aspects: Many of them come across like wimpy mama's boys desperate for female affection, which turns women completely off. Many are insecure, which women can sense. Women like men who are a bit of a challenge. When a man goes out of his way to cater to a woman by chasing her and rolling out the red carpet too much too soon, it takes away from the challenge.

Women claim they like Keith Sweat and Brian McKnight because it's the politically correct things to say [KFC Analogy]. Most women claim to like a certain type of guy, but turn around and date the complete opposite. The simp's problem is that he actually believes what the women say rather than what they do. A mack knows better.

Game: Usually steps to women with extreme gratitude, likes to show a woman how appreciative he is for taking the time to pay him any form of attention. Kisses ass right out the gate. He showers a woman with praise and agrees with everything she says. He does this because he's afraid of jeopardizing his chances of staying on a female's good side.

4. Save-a-Ho Brother

Tries to portray himself as a knight in shining armor. Seeks out damsels in distress or women in need of financial assistance. They feel financial assistance is the only way they can get their foot in the door with women. Save-a-Ho Brothers are the type to brag about how much they could do for a woman financially if she were with him instead of her current man. They're the type who go to titty bars and try to square up strippers. Many feel that if all the women out there took the time to get to know them, they could turn any ho into a housewife.

Positive Aspects: Nothing wrong with financially helping females who would do the same for you or has brought something to the table, but don't do it to impress her or win her over. Save-A-Ho Brothers provide females money and material items to spend on macks.

Negative Aspects: Uses money and promise of financial assistance to lure women in on the erroneous belief that women would never bite the hand that feeds them. Save-a-Ho brothers are basic tricks, and while women may accept tricks, they never respect them. Plus, many women resent the feeling of having to owe something to a Save-a-Ho Brother in return for the favors, and that feeling of resentment eventually turns into utter contempt.

Look at credit card companies and their collection agencies. Even though people accept and use the credit, they still get offended when the company tries to collect what is actually owed to them. This is the same feeling women feel for having to "owe ass" to a guy because he keeps volunteering to pay utility bills.

Game: Usually steps to a woman with his credit card in hand. Uses money to try to impress females and compensate for his lack of game. The type to buy drinks for a girl and her friends. Steps to women offering mall trips, vacations or shopping sprees. Offers to take her kid to Chuck E. Cheese. He wants to make a woman financially dependent on him, so that he can feel in control.

5. Sassy Brother

Metrosexual. Not gay, but wears clothes that make people think he's "suspect." The male equivalent of a "hoochie," dressing for attention. See through shirts, tongue rings, chokers, toe rings, ankle bracelets.

Positive Aspects: Takes pride in what he wears.

Negative Aspects: Although he takes pride in what he wears, he overdoes it.

Game: Because women attract men when they dress sexy or skimpy, they think they'll attract women if they dress sexy and skimpy. They put on the sassy gear, post up and wait for compliments on their attire.

6. Scavenger

Accepts leftovers and undesirables when dating. Every group of guys usually has one, the guy that will bang anything. If you don't know who he is in your group, he's probably you.

Positive Aspects: if you run into a group of girls and one is wack, you can pass him off on the scavenger. The least attractive ones are usually the player-hating-friends (PHF), and scavengers are good interceptors for them. In the ecosystem, scavengers serve a purpose by disposing waste and bringing balance to nature. In the human world, Scavenger brothers provide balance by occupying the chickenheads and hoodrats that slip through the cracks.

Negative Aspects: Can often drag a "dead carcass" into your circle, like a chickenhead and all of her chickenhead friends. This makes you look bad, as a man's game is often judged by the quality of women he attracts, and a gang of chickenheads hanging around shows a deficiency.

Game: Steps to the women nobody else wants. He keeps his standards pretty low to keep rejection rates low. Also the master of parking lot pimping. True macks don't stay at clubs until closing because the quality of chicks still around is not up to par, only low budget women stay at the club all night and stick around afterward. The Scavengers are right there to keep them company.

7. Super-Thug

The in-and-out jail guy. Gangsta-types that don't play by anyone else's rule and are down to do whatever. They do carjackings, stickups or dope-dealing. They have no sense of morality, so they have no remorse for people they get over on. This is not the same as the guy who acts gangsta to be hip. This is the three-strikes, always on parole, generations-deep in the ghetto guy.

Positive Aspects: Because of their overly macho, self-assured attitude, many women find them sexually enticing in a primal way. They "know how to hit it rough." They always have a "hook up" for something like cars, jewelry, DVD players, etc.

Negative Aspects: They have no long-term lucrative hustle most of the time, they just have a smash-and-grab mentality. It's the difference between a hustler and a scam artist. Hustlers try to make continuous, long-term money with minimal risk, while for scam artists the risks and negative consequences outweigh the rewards.

8. Scrub

Underachiever who never really has anything going for himself. May live with his mother until his 30s. Is the eternal teenager that never grows up. The type to sit around the house smoking weed all day and playing X-Box with very low expectations in life.

Positive Aspects: Many of them have no problem putting their bid in when it comes to women. Often in the club, the brokest Scrub in the room will be the first one trying to kick game. Many feel that since they don't have any crib, job, car or real money to speak of, they don't really have anything else to lose by spitting game at females.

Negative Aspects: Negative, "broke" energy, which can rub off on you eventually. Many are haters also, especially if you started out in the same boat but you upgraded your game. Your success then reinforces the Scrub's loser self-image, so to cope he has to project his negative feelings onto you. They are often willing to be flunkies, because they are natural

followers. They can be counted on to do menial, insignificant tasks for you because many don't even work full-time jobs.

Game: Slot-machine approach, talk to every female until he hits jackpot. He has no problem with rejection by a thousand woman so long as he gets action from one, pure odds and averages. They love to hang out with guys with tighter game or more financial stability. They like to floss in their boys' cars or take females to their boys' cribs or catch their boys' leftover women. They also like the baby-daddy hustle, where they have kids by as many women as possible (usually hoodrats) so that they can live off of them.

Best of All Worlds

To be at the pinnacle, a man has to be able to an **Urban Renaissance Man**, and capture the positive aspects of all 8 S's: Charismatic like Smooth Brother, handle business like Serious Brother, compassionate at appropriate times like Sensitive Simp, provide for the right female who will do for you in return like Save-a-Ho Brother, able to work as a team with other players in your crew like Scavenger, able to spit at numerous women like Scrub, and able to get with a female in a rough way when necessary like the Super Thug.

Chapter 6

Something to Think About

Something to Think About

You all sit around on your "girls' night" and discuss your experiences, failures, dreams, and expectations over a couple of bottles of wine and Chinese food. But do you know what you really want or what you are looking for in a mate and your relationships? More importantly, are you ready to accept what you ask for.

What puzzles me is while listening to my close friends talking about how you want a man who will treat you right and please your every need, it dawned on me that none of you stated that you are ready for and able to accept what you cry out for.

So, ladies, let's talk about this. Yes, I will go there and say, "Shut up, listen, and really think for a minute." I say this out of love for you and to you. (Smile)

First, you say you want a man who will treat you right. Correct? Then answer this question for me: have you ever told your man how to treat you right? He may think that he is treating you right, while this may not be so in your eyes. Girl, you better start talking to your man! We can't read minds ladies...you man's not Nevichi...lol

Secondly, you all want a man to satisfy your every need. Right? I think you ALL have experienced what I'm about to say next. What you may need, and what most men assume a woman needs, usually ends up being what he needs. Simply put, he is thinking on a physical level when you are thinking, "Make love to my mind and, baby, it's on!" Am I right? Dru Hill hit it on the head with their song "Tell Me." Ladies, tell them what YOU want!

OK. So you've told your man what you want. Here comes the hard part for some of you. Are you ready to accept what you asked for? Are you ready to live what you have talked about, not to mention dreamed about? As Momma used to say, "Do not ask someone to do something

you are not prepared to do yourself," (mama I was listening...lol) meaning, sistas, love yourself truly and completely and your man will do the same. Think about it.

Chapter 7

the Impossibly high standards

In a recent interview, Macy Gray was asked if she feel envious of sexy vixens in the music industry such as Beyonce, Christina Aguilar etc... Macy asked why and the interviewer said, "Because they're sexy." Macy firmly said, "I am sexy too."

ladies realize that sexy is not a one-size-fits all garment. Sexy is based on each individual's interpretation. Our pop-culture has downplayed all of women's (especially minority women's) greatness for so long, that I, a person who prides them self on not being easily manipulated by the media, bought into the hype lock stock and barrel. How dare they cheapen you! How dare you believe it!

It clicked for me that the problem was not "out there" but "in here" within yourself. It's all about how you viewed myself based on the impossibly high standards you bought into: wavy hair, light eyes, light skin and size 0. you have been relentlessly comparing yourself to everyone else (i.e., Beyonce) that you forgot to stop and see the beauty within you.

Sexy, is the epitome of you. Beautiful and sexy are your birthrights' (amongst other things such as intellect, sarcasm, love for Nevichi products, etc.). start beginning to see the world and yourself differently now. Sexy isn't being objectified and being ogled and fondled. tell him..If you want to touch my breasts, you better love all of me, not just my twins.

Scarily, you have dated guys with the same warped view of women as you had. you allowed them to make you feel as if you would never measure up to the sexy young divas of today. you was confused, so of course, you attracted into your life men who were confused... .thats what you did,... baby stop it ..

But Macy, with one firm statement, cleared that up for me. Sexy is in all of you. you choose how to show it. However, more importantly, you choose whom to show it to. More than anything else, please learn from me to re-define sexy for yourself in yourself... .whoa..I think i need a drank after that one...

The Benefits of a Soulmate Relationship

The Benefits of a Soulmate Relationship

Soulmate relationships and marriages are so beneficial that fighting against them is no different than setting yourself up for failure. This is because your soulmate is a companion that a higher power has put on this earth with you in mind. Can you imagine the benefits of finding your soulmate? In a poll taken in January of 2009, 80% believed they have soulmates somewhere in this world, but were unable to pinpoint their soulmate. Why would the majority of people believe they have soulmates out there if soulmates did not exist? These results, as gathered from that 80% of the population, indicate that 80% of people in relationships and marriages believe that they are not with their soulmate.

Please understand that settling for just anyone to be a life mate is not enough. Could all of the 80% who believe they have a soulmate be wrong? There are definite advantages to finding and being with your soulmate. Let us examine more closely the benefits of a soulmate relationship and the disadvantages of accepting a non-soulmate relationship.

BENEFITS

Recently, men and women were asked what kind of relationship they want. All of those who were questioned said they wanted a relationship that will make them happy. Researchers have found that those in soulmate relationships are far more happier than those who are not in soulmate relationships. Soulmates were also found to live much longer because their relationships or marriages had less stress than those of non-soulmate couples. This is because your soulmate was created with you in mind. Can you now see why so many relationships and marriages fail?

Choosing not to have a relationship with a person who was created with you in mind means you settle for less than what you deserve. Under such circumstances, can you honestly expect more from your relationship? Break-ups and divorce are and can be very painful

experiences. I will not even begin to go into all the bitterness experienced and, at times, the kinds of revenge some people feel they must seek in the wake of a broken relationship. Soulmate couples have been found to have far more superior sex, as well. Again, this is a proven fact. As human beings, it is critical that we deal with one another honestly. Telling people what they to hear instead of telling them the truth is no different than lying. Can you honestly expect a person telling you what you want to hear instead of the truth to have your best interests at heart? Soulmate relationships and marriages are more secure than non-soulmate relationships. I could go on and on about the benefits of a soulmate relationship, but I am sure you get the point.

DISADVANTAGES OF NON-SOULMATE RELATIONSHIPS

The biggest disadvantage of not being with your soulmate is that you miss out on the opportunity to be truly happy with your partner. You may find your relationship or marriage very stressful. There is the obvious lack of truth and, in some cases, emotional abuse alone can lead to cheating. Most couples who cheat do so because their relationship is abusive or the relationship lacks respect, equal treatment, values and so forth. You will have to work much harder to keep your relationship or marriage going.

FACT 1: Regardless of what people may have you believe, the fact is that when you settle for a non-soulmate relationship or marriage, you will end up sacrificing far too much of yourself just to find the acceptance you desire. If you must, let's say for example, be rich or have certain physical attributes before someone will be with you, can you truly call that acceptance?

FACT 2: Sex is not as wonderful with a non-soulmate. A lady once told me that when she was intimate with her husband, she did not feel anything. All she wanted was to get it over with. How sad is that? There is no need for you as a human being to put yourself through a similar experience when you know in your heart that all you have to do is your part, so that you can be with your soulmate.

MY ADVICE: You are a human being with feelings. There is absolutely no reason why you should settle for less than what you deserve as a human being. Please consider the current state of your love life and ask yourself, are the choices you're making as rewarding as they should be?. As you keep your own happiness in mind, consider that of your partner, as well. You have a choice; please **MAKE THE RIGHT CHOICE.**

Chapter 9

Physical attractiveness. Style.

Ok, let's start with the easiest of the two — “physical attractiveness.” Usually, the first thing that attracts you to another person is their physical features. For one, it's the first thing that you notice about a person, and secondly there's an old saying that goes “you never get a second chance to make a first impression.” So, basically, just look the part of someone impressive.

All a man has to do is keep his appearance up and he's halfway there. The other half of the puzzle is that he must acquire his own style. Style and appearance go hand in hand. A handsome guy could have no style at all and, by the same token, a man with style could lack a strong physical appearance.

Your style is what sets you apart from everybody else, and in this case separates you from every other man out there. With it comes uniqueness. Without it, you're in trouble.

For those who lack style here's the one and only necessary tip for you. Confidence. Having confidence in your ability to attract a person will provide the foundation for style, which you lack. Confidence will make up for any lack of style, guaranteed.

WHY IT WORKS

When someone is attracted to you, one dead giveaway is eye contact. This is what usually happens; you notice a guy or a girl, then you try and make eye contact. Stop! Hold that image and ask yourself one question: “What's the purpose of me establishing eye contact?” To pick up on the other person's vibes if any even exist between the two of you. People say, “The eyes are the windows to a person's soul.” Women are masters of keeping these windows closed. A lot of women are like fugitives on the run from the law when it comes to making eye contact. The thing is, most women don't know if they even fit the description of the suspect you're after in the first place. The first time she notices you are in pursuit

of her, she may grow afraid of being cornered by all the elements of your attraction and will immediately destroy any physical evidence that her eyes may reveal.

However, if your style and physical appearance are working as a team, you'll know ... she'll notice you more than once to confirm it. What happens in most cases is that a guy doesn't know whether to pursue the invitation or just pass it off as a woman simply taking notice of him.

Here's the key; everybody deep down inside has a goal of one day achieving true happiness, but believe for the meantime that laughter is the way to a woman's heart. The thing is that any man can put a smile on a woman's face. The secret of a man whose game is tight is that he can put a smile in a woman's eyes before one forms on her lips. Still, not convinced? Think back to a time when you were out with your girlfriend or spouse and she caught you staring at another woman. Does that slap in the face refresh your memory? See I believe women knew this theory way before men, and that is what caused the slap in the face so, next time the two of you are out, keep this in mind: "she's not stupid."

Chapter 10

New chapter

Chapter **1 1**

New chapter



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